



"Enfoque interdisciplinario del riesgo cardiovascular, más allá del tensiómetro"

XXXII Congreso Argentino de Hipertensión Arterial SAHA 2026

16, 17 y 18 de abril de 2026
Salones Puerto Norte. Rosario

 Sociedad Argentina de Hipertensión Arterial

SCIENTIFIC PAPER PRESENTATION GUIDELINES

International Society of Hypertension and Argentine Society of Hypertension Award

The XXXII Argentine Congress of Arterial Hypertension, organized by the Argentine Society of Arterial Hypertension, will take place on April 16, 17, and 18 in the city of Rosario, Argentina.

This event is one of the main forums for scientific exchange in the field, aimed at the presentation and discussion of advances in epidemiological, basic, clinical, and translational research focused on arterial hypertension and cardiovascular risk.

The Argentine Society of Arterial Hypertension and the International Society of Hypertension (ISH) maintain a strong collaborative link and work jointly to promote, recognize, and encourage scientific effort, research, and academic excellence in the field of hypertension. Within this framework, both societies jointly sponsor and invite submissions for the International Society of Hypertension and Argentine Society of Hypertension Award, in both basic and clinical research; aimed at recognizing the quality, originality, and impact of the scientific work presented at the Congress.

SUBMISSION: Abstracts must be submitted exclusively through the designated web platform and in accordance with the instructions detailed in these guidelines. To submit an abstract, **the corresponding author must be previously registered for the congress** (please refer to the “*Reglamento GENERAL*”).

DEADLINE: The deadline for abstract submission is **February 22, 2026, at 11:59 PM**. Submissions will not be accepted after this date.

INQUIRIES: For any questions or inquiries related to the submission platform, please contact the event secretariat at: **m2beventos@outlook.com**

INTERNATIONAL AWARD (ISH-SAHA): for the Best Clinical Research Paper in Arterial Hypertension. Award value: USD 500 or its equivalent in Argentine pesos according to the exchange rate of the Central Bank of the Argentine Republic at the time of payment.

1. REGISTRATION

1.a. Access: <https://web.eventogyn.com.br/event/saha2026/registration/attendee/category>

1.b. On the first screen, select the registration category “SCIENTIFIC ABSTRACT PRESENTER / PRESENTADOR DE TRABAJO CIENTÍFICO.”

This category **applies only to the corresponding author responsible for the online submission of the abstract. This category must be selected even if another author will later be responsible for the oral presentation (in case the abstract is selected for that stage).**

Seleccionar categoría

Ingrese su categoría para iniciar el registro.

Si usted está becado por algún laboratorio informado a continuación *deberá seleccionar la BECA correspondiente al laboratorio que usted ha sido becado y desconsiderar las demás categorías.*

* Categoría

Seleccione...

Seleccione...

Médico/a Socio/a SAHA (con cuota al día)

Enfermero/a Socio/a SAHA (con cuota al día)

Médico/a no Socio

Enfermero/a no Socio

Otro/a Profesional de la Salud

Médico/a Residente o con menos de 5 años de graduado/a

Médico/a extranjero/a

BECA ADIUM

BECA BAGO

BECA BERNARBO

BECA CASASCO

BECA ELEA

BECA GADOR

BECA NOLTER

EXCLUSIVO SAHA

PRESENTADOR DE TRABAJO CIENTÍFICO

NOTES: All other authors must register under the appropriate category (SAHA member, industry grant, etc.), but not as SCIENTIFIC ABSTRACT PRESENTER (this category applies only to the author responsible for the online submission).

- For SAHA member physicians and nurses, registration is free of charge.
- If you have been granted a scholarship, please select the SPONSOR and disregard the other categories.
- In all other cases, at the end of the registration process you will be redirected to the payment platform, where the fees corresponding to each category will be applied.

1.c. Enter your personal details:

Datos Personales

Si Ud. ya se inscribió en este evento, [haga click aquí para entrar al área del participante.](#)

* Nombre Completo

Comité

Científico

* E-mail

comitecientificosaha2026@gmail.com

Ingrese su dirección de e-mail.

Contraseña

Cree una contraseña para utilizar la próxima vez que entre aquí.

* DNI

11222333

Solo números

* Fecha de Nacimiento

16/04/1996

* Dirección

Avenida Tal 235

* Ciudad

Rosario

* Provincia

Santa Fe

* Whatsapp

3413344555

* Especialidad

Hipertensión Arterial

* Nº matrícula profesionales

11222

Continuar

IMPORTANT: Please remember the email address used for your registration and the password you created, as these will be required to access this profile whenever needed, submit abstracts, and make modifications to them.

1.d. Once you have completed the data entry, the next screen will allow you to upload your abstract.

Enviar Trabajo



Desea enviar un trabajo ahora? Si no, podrá hacerlo después, en el Área del Participante.

Sí, enviar trabajoNo, tal vez más tarde

If you choose to proceed at that time, select **“Yes, submit abstract.”**

If you decide to do it at a later time, the abstract submission option will remain available in your profile.

Comité, Científico



COMITÉ, CIENTÍFICO

Su entrada está disponible. [Clic aquí para obtenerla.](#)

Datos Personales

Trabajos

Código de Inscripción	9407604
Fecha/Hora	10/1/26 15:07
Status	Completo
Categoría	Médico/a Socio/a SAHA (con cuota al día)
Nombre Completo	Comité, Científico
E-mail	comitecientificosaha2026@gmail.com
DNI	11222333
Fecha de Nacimiento	16/04/1996
Dirección	Avenida Tal 235
Ciudad	Rosario
Provincia	Santa Fe
Whatsapp	3413344555
Especialidad	Hipertensión Arterial
N° matrícula profesionales	11222
Arancel de Inscripción	

Modificar

To see how to proceed with the submission process, please refer to page 4.

2. 2. ABSTRACT SUBMISSION

2.a. In your profile, click on “Abstracts/ TRABAJOS.”

Comité, Científico

COMITÉ, CIENTÍFICO

Su entrada está disponible. Haga click aquí para obtenerla.

Datos Personales: **Trabajos**

Código de Inscripción: 9407604
Fecha/Hora: 10/1/26 15:07
Status: Completo
Categoría: Médico/a Socio/a SAHA (con cuota al día)
Nombre Completo: Comité, Científico
E-mail: comitecientificosaha2026@gmail.com
DNI: 11222333
Fecha de Nacimiento: 16/04/1986
Dirección: Avenida Tal 235
Ciudad: Rosario
Provincia: Santa Fe
Whatsapp: 3413344555
Especialidad: Hipertensión Arterial
N° matrícula profesionales: 11222
Arancel de Inscripción

Modificar

2.b. On the next screen, select “Submit an Abstract/ ENVIAR TRABAJO”

Comité, Científico

COMITÉ, CIENTÍFICO

Su entrada está disponible. Haga click aquí para obtenerla.

Datos Personales: **Trabajos**

Enviar un Trabajo

2.c. On the next screen, select the **Type of Abstract**:

Trabajo

Seleccione el tipo de trabajo que va a enviar.

* Tipo

Trabajos Generales
Trabajos a Premio

2.d. To apply for the **ISH-SAHA competition**, select **Award-Eligible Abstracts/ TRABAJO A PREMIO**: these are research experiences submitted for award competition. For each abstract submitted, only one award category may be selected. Abstracts are reviewed by two (2) evaluators. Oral presentation is required only if the abstract is ranked among the top five (5) in its category; the remaining abstracts will be displayed on dynamic screens during the Congress, with no oral defense required. Abstracts will be published provided that the score obtained is higher than 40 points. (See submission details.)

Trabajo

Seleccione el tipo de trabajo que va a enviar.

* Tipo

Trabajos Generales
Trabajos a Premio

2.e. Proceed to enter the authors.
Click on “Add/ AGREGAR”

Adicionar Autores

Sin autores aún.

Agregar Terminar de agregar autores

2.f. For each author, enter: First Name, Last Name, Email address, and Institution.

Agregando Autor

Por defecto, el participante que envía es designado como primer autor porque es el caso más común, pero puede cambiar eso aquí si lo necesita.

* Nombre Comité, Científico
Ingrese el nombre completo del autor.

E-mail comitecientificosaha2026@gmail.com
Ingrese la dirección de e-mail del autor.

* Institución Hospital Provincia

Continuar Volver

2.g. Repeat this step as many times as necessary according to the number of authors, by selecting “Add/ AGREGAR” again.

Adicionar Autores

#	Tipo	Nombre	E-mail
<input type="checkbox"/>	1 Autor Principal	Comité, Científico	comitecientificosaha2026@gmail.com

Agregar Terminar de agregar autores

2.h. Once all authors have been entered, the list will appear as follows:

Adicionar Autores

#	Tipo	Nombre	E-mail
<input type="checkbox"/>	1 Autor Principal	Comité, Científico	comitecientificosaha2026@gmail.com
<input type="checkbox"/>	2 Coautor	Carlos López	carloslopez@gmail.com
<input type="checkbox"/>	3 Coautor	Maria Pérez	mariaaperez@gmail.com

Agregar Eliminar Terminar de agregar autores

2.i. Changes to entered author information:

If you wish to edit the **details of a specific author**, click on the author number. This will take you back to the author data entry screen (first name, last name, email, institution).

Adicionar Autores

#	Tipo	Nombre	E-mail
<input type="checkbox"/>	1 Autor Principal	Comité, Científico	comitecientificosaha2026@gmail.com
<input type="checkbox"/>	2 Coautor	Carlos López	carloslopez@gmail.com
<input type="checkbox"/>	3 Coautor	Maria Pérez	mariaaperez@gmail.com

Agregar Eliminar Terminar de agregar autores

Please check the email addresses entered carefully, as the submission confirmation will be sent to these addresses.

If you wish to change the **order of authorship**: use the three dots on the right and move the authors to the appropriate order.

Adicionar Autores

#	Tipo	Nombre	E-mail	
<input type="checkbox"/>	1 Autor Principal	Comité, Científico	comitecientificosaha2026@gmail.com	⋮
<input type="checkbox"/>	2 Coautor	Carlos López	carloslopez@gmail.com	⋮
<input type="checkbox"/>	3 Coautor	Maria Pérez	mariaaperez@gmail.com	⋮

2.j. Once you are satisfied with the entered author information and the authorship order, proceed by clicking **“Finish adding authors/ TERMINAR DE AGREGAR AUTORES”**

Adicionar Autores

#	Tipo	Nombre	E-mail	
<input type="checkbox"/>	1 Autor Principal	Comité, Científico	comitecientificosaha2026@gmail.com	⋮
<input type="checkbox"/>	2 Coautor	Carlos López	carloslopez@gmail.com	⋮
<input type="checkbox"/>	3 Coautor	Maria Pérez	mariaaperez@gmail.com	⋮

IMPORTANT NOTE: Please note that once you proceed by selecting **“Finish adding authors,”** you will be able to return to the list to edit certain details (such as first name, last name, email, affiliation), **but you will not be able to add new authors or change the order of the list.** If, after completing the submission, you realize that an author has been omitted, we recommend deleting the abstract and submitting it again.


2.k. After completing the author entry, you will be taken to the **“Upload Abstract/ SUBIR TRABAJO”** screen. Here, you must select the award category for which the abstract will compete:

- International Award (ISH–SAHA) for the Best Basic Research Paper in Arterial Hypertension
- International Award (ISH–SAHA) for the Best Clinical Research Paper in Arterial Hypertension

Subir Trabajo

Tipo: Trabajos a Premio

* Título: PREVALENCIA DE HIPERTENSION EN CABA
En letras mayúsculas y sin abreviaturas

* Premio: 

* Trabajo: Premio "Prof. Dr. Carlos María Taquini" al Mejor Trabajo de Investigación Básica en Hipertensión Arterial
Premio al "Mejor Póster de Investigación Básica en Hipertensión Arterial" Prof. Dra. María de los Angeles Costa
Premio "Prof. Dr. Juan Carlos Fasciolo" al Mejor Trabajo de Investigación Clínica en Hipertensión Arterial
Premio al "Mejor Póster de Investigación Clínica en Hipertensión Arterial" Prof. Dr. Miguel Ángel Arnott
Premio Internacional (ISH-SAHA) al Mejor Trabajo de Investigación Básica en Hipertensión Arterial
Premio Internacional (ISH-SAHA) al Mejor Trabajo de Investigación Clínica en Hipertensión Arterial

Authors may submit their work and apply for **only one (1) award** among those granted by SAHA and/or affiliated societies during this Congress.

The paper presented herein cannot be presented to the other SAHA awards.

Only abstracts conducted in collaboration with, or entirely by, researchers from Latin America and other regions of the world may apply for these awards, and they may apply **exclusively** for the International Award.

Presidents and Vice Presidents of the Organizing and Scientific Committees are not eligible to apply for awards.

2.l. Enter the content:

Title

Body of the structured abstract, including:

- Objectives
- Materials and Methods
- Results
- Conclusions

The abstract must strictly comply with a maximum limit of **3,000 characters, including spaces**.

Abstract shall be presented only in English.

The screenshot shows a web form titled 'Subir Trabajo'. It contains several fields: 'Tipo' (Trabajos a Premio), '* Título' (PREVALENCIA DE HIPERTENSION EN CABA), '* Premio' (Premio "Prof. Dr. Juan Carlos Fasciolo" al Mejor Trabajo de Investigación Clínica en Hipertensión Arterial), and '* Trabajo' (a large text area with sub-sections: Introducción, Objetivos, Materiales y Métodos, Resultados, and Conclusiones). Below the main text area is a note: 'El cuerpo del trabajo deberá respetar estrictamente el límite de caracteres (3.000 caracteres)'. At the bottom, there are two upload options: '* Resumen Extendido' (with a 'Seleccionar archivo' button and 'Ningún archivo seleccionado') and 'Tabla o Figura' (with a 'Seleccionar archivo' button and 'Ningún archivo seleccionado'). A 'Finalizar el envío del Trabajo' button is at the very bottom.

2.m. After entering the main text, you must also upload an **extended abstract**.

This screenshot is identical to the previous one, but with a red arrow pointing to the 'Seleccionar archivo' button under the '* Resumen Extendido' section. The button is circled in red to highlight it.

Extended abstract: must also be sent (maximum of 1,000 words without counting title, authors or institution to which they belong) and up to two (2) tables and/or figures, in total. The title must be in capital letters and without abbreviations. Next, the authors and the place where the research was carried out. The text should describe objectives, materials and methods, results and conclusions. This extended summary should be uploaded to the system in Word format at the time of sending the abstract.

If the extended abstract is not attached during submission, the system will not allow you to proceed.

Datos incorrectos o incompletos. Por favor verifique y corrija los errores.

El cuerpo del trabajo deberá respetar estrictamente el límite de caracteres (3.000 caracteres).

* Resumen Extendido Ningún archivo seleccionado
Este campo es obligatorio
OBLIGATORIO FORMATO WORD

Tabla o Figura Ningún archivo seleccionado
Podrá incluir una tabla o figura. Si desea cargarla es OBLIGATORIO formato JPG.

2.n. After entering the main text, you may optionally add a table or figure. If you choose to do so, the file **must** be in **.jpg** format. Files submitted in any other format will not be included in the published abstract.

Resultados:
Conclusiones:

El cuerpo del trabajo deberá respetar estrictamente el límite de caracteres (3.000 caracteres).

* Resumen Extendido Ningún archivo seleccionado
OBLIGATORIO FORMATO WORD

 Tabla o Figura Ningún archivo seleccionado
Podrá incluir una tabla o figura. Si desea cargarla es OBLIGATORIO formato JPG.

Clarifying note: one (1) table or figure may be included in the submitted abstract, and up to two (2) tables or figures may be included in the extended abstract.

2.ñ. Once all the information has been entered, proceed by selecting **“Finalize Abstract Submission/ FINALIZAR ENVÍO DEL TRABAJO.”**

2.o. You will see a warning message advising you to review the content, as it cannot be edited later. This notice refers specifically to the **included authors and their order**. You will be able to make changes to the abstract content, based on the evaluations received, until the submission deadline (**February 22, 2026 – 11:59 PM**).

web.eventogyn.com.br dice

Revise cuidadosamente su trabajo antes de confirmar el envío!
Después no será más posible modificarlo. Desea proceder al envío ahora mismo?

2.p. After completing the submission, you will be asked whether you wish to submit another abstract or finish the submission process for the time being. Please note that you may submit additional abstracts at a later time from your participant profile, should you wish to do so.

Enviar Trabajo

Desea enviar un trabajo más ahora? Si no, podrá hacerlo después desde el Área del Participante.

2.q. Upon returning to your profile, you will be able to view the submitted abstract along with its assigned identification number. To edit its information, click on the abstract number.



Comité, Científico

COMITÉ, CIENTÍFICO

Su entrada está disponible: [Ver lista de sus trabajos](#)

Datos Personales Trabajos

Código	Fecha/Hora	Tipo	Título	Premio	Resultado
8856408	10/1/2015 15:30	Trabajos Generales	HIPERTENSION ARTERIAL EN LA INFANCIA		
	10/1/2015 16:36	Trabajos a Premio	PREVALENCIA DE HIPERTENSION EN CABA	Premio "Prof. Dr. Carlos María Taqui" al Mejo...	

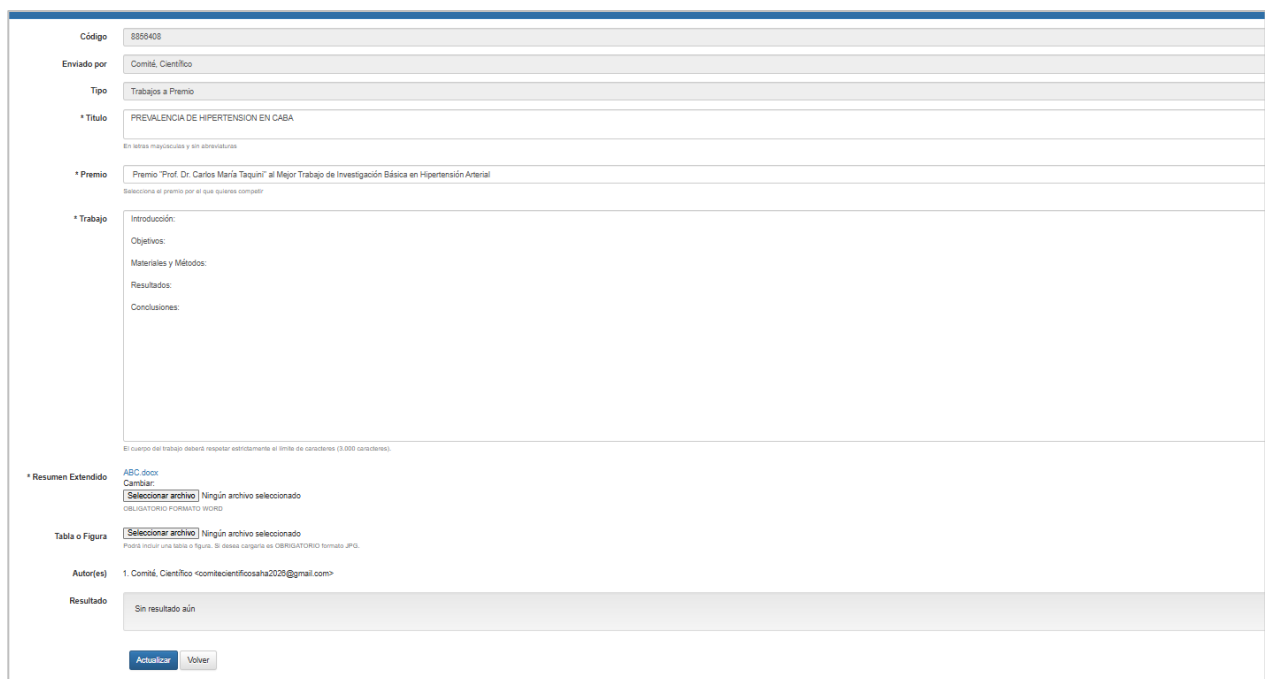
Datos de Contacto

En caso de dudas, por favor contáctenos en:

E-mail: m2beventos@outlook.com

Teléfono: 0000000000

2.r. The screen will display the abstract with the information initially entered. Make any changes you consider necessary and complete the process by clicking **“Update/ ACTUALIZAR.”**



Código: 8856408

Enviado por: Comité, Científico

Tipo: Trabajos a Premio

* Título: PREVALENCIA DE HIPERTENSION EN CABA

En letras mayúsculas y en abreviaturas

* Premio: Premio "Prof. Dr. Carlos María Taqui" al Mejor Trabajo de Investigación Básica en Hipertensión Arterial

Selecciona el premio por el que quieres competir

* Trabajo:

Introducción:

Objetivos:

Materiales y Métodos:

Resultados:

Conclusiones:

El cuerpo del trabajo deberá respetar estrictamente el límite de caracteres (3.000 caracteres).

* Resumen Extendido: ABC docx

Cambiar: [Seleccionar archivo](#) | Ningún archivo seleccionado

OBLIGATORIO FORMATO WORD

Tabla o Figura: [Seleccionar archivo](#) | Ningún archivo seleccionado

Para incluir una tabla o figura, si desea cargarse es OBLIGATORIO formato .JPG.

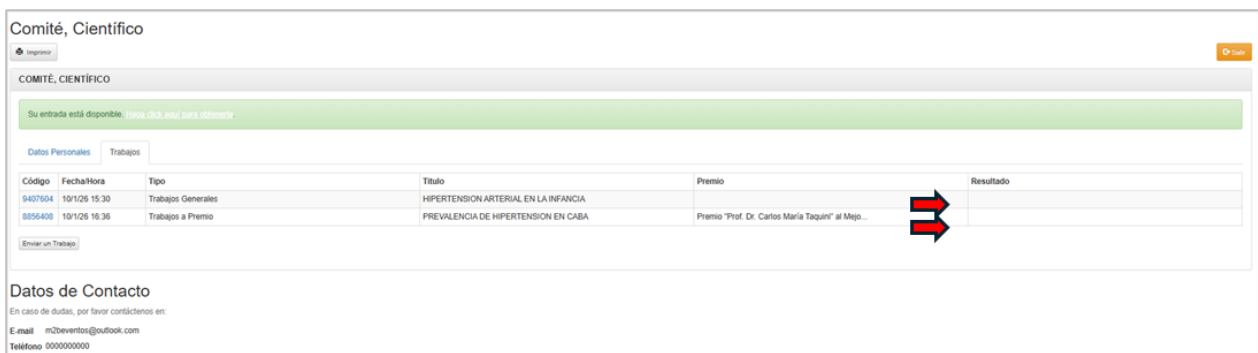
Autor(es): 1. Comité, Científico <comitecientificosaha2020@gmail.com>

Resultado: Sin resultado aún

[Actualizar](#) [Volver](#)

2.s. If the changes have been made successfully, the system will display the message **“Operation completed successfully”** in a green box. **This confirmation represents only the receipt of the work and does not imply its approval or acceptance.**

2.t. You will receive notification of the outcome (**ACCEPTED** or **REJECTED**) on the screen where the list of submitted abstracts is displayed.



Comité, Científico

COMITÉ, CIENTÍFICO

Su entrada está disponible: [Ver lista de sus trabajos](#)

Datos Personales Trabajos

Código	Fecha/Hora	Tipo	Título	Premio	Resultado
9407504	10/1/2015 15:30	Trabajos Generales	HIPERTENSION ARTERIAL EN LA INFANCIA		
8856408	10/1/2015 16:36	Trabajos a Premio	PREVALENCIA DE HIPERTENSION EN CABA	Premio "Prof. Dr. Carlos María Taqui" al Mejo...	

Enviar un Trabajo

Datos de Contacto

En caso de dudas, por favor contáctenos en:

E-mail: m2beventos@outlook.com

Teléfono: 0000000000

3. FORMAT

Both the abstract and the extended abstract must be submitted in **English**.

Evaluators will consider the originality of the work, its epidemiological and scientific relevance, clarity of presentation, and internal coherence between the title and conclusions.

One table or figure may be included and must be uploaded using the option provided by the system and **up to two (2)** tables or figures may be included in the extended abstract.

The attached file must be submitted in **.jpg** format with good resolution. Files in other formats or with poor resolution will not be included in the publication.

If these requirements are not met, the submitted abstract will be returned to the investigator.

4. PRESENTATION

A ranking will be established among the **ACCEPTED** abstracts based on the highest score obtained (maximum possible score: **100 points**).

The top five (5) abstracts in each category (**ISH-SAHA Basic Research** and **ISH-SAHA Clinical Research**) will be presented orally, in English, during a dedicated Congress session, before three (3) judges who are different from those who evaluated the written phase.

The presentation format will be a PowerPoint presentation, in English, with a 10-minute presentation time, allocating an additional 2 minutes afterward to answer questions from the evaluators.

The corresponding author responsible for the submission will be notified if the abstract ranks among the top five in each award category starting on **March 15, 2025**.

Award-eligible abstracts that do not rank among the top five will be displayed as posters on dynamic screens throughout the Congress and will **not** require an oral defense or presentation. **For this purpose, the poster must be sent to the following email address: comitecientificosaha2026@gmail.com by April 6, 2026.** You will find a downloadable template available on the Congress website.

Publication: All abstracts presented will be published in the journal *Hipertensión Arterial* of the Argentine Society of Arterial Hypertension, provided that the evaluation score exceeds 40 points.

5. JURY

En todos los casos, el presidente y el vicepresidente del Comité Científico se cerciorarán sobre la ausencia de conflictos de intereses entre los jurados y los autores de los trabajos.

El Comité Científico del Congreso podrá solicitar la información adicional que considere para aquellos trabajos que opten a los distintos premios.

WRITTEN EVALUATION PHASE:

All abstracts submitted for awards will undergo this phase.

The evaluation panels will be composed of two (2) reviewers who have no direct (professional or personal) relationship with the authors of the preselected abstracts, who are not former SAHA presidents, and who are not international invited speakers of the Congress. The final score will be calculated as the average of both evaluations.

The scoring rubric used for point allocation can be consulted at *Reglamento GENERAL*.

The maximum possible score is 100 points.

Abstracts selected to be considered for an award must obtain a minimum score of 70 points.

Only the top five (5) abstracts in each award category will advance to the oral defense phase.

ORAL PHASE:

This phase will take place during the days of the Congress. In all cases, the oral defense must be conducted **in person**. Oral defenses via Zoom, Meet, or other virtual platforms will not be permitted.

The jury will be composed of three (3) individuals who have no direct (professional or personal) relationship with the authors and will consist of international invited experts' members of the International Society of Hypertension.

The presentation will be delivered in **English**.

Based on a duly substantiated decision and by majority vote, the jury will determine, among the five presentations, the winner of each corresponding category. The jury may declare the competition void if deemed appropriate. The jury's decision will be final and not subject to appeal. All proceedings of each jury will be recorded in official minutes.

El Jurado, mediante dictamen debidamente fundamentado y por mayoría de votos, deberá establecer entre las 5 presentaciones, el ganador de cada área correspondiente. El Jurado podrá declarar desierto el concurso cuando así lo estime. El fallo del Jurado será inapelable. Todas las actuaciones de cada uno de los Jurados constarán en un acta.

6. EVALUATION

The evaluation of all abstracts will be conducted objectively using a scoring rubric that assigns points to the different aspects of the work (originality, methodology, coherence, etc.). The rubric will be applied to both the short abstract and the extended version. To view the scoring rubric, please refer to the *Reglamento GENERAL*.

The winner will be announced during the Congress closing ceremony.